**FALL SIDELINE** Sideline is a school spirit season and the girls are expected to attend their team’s home and away football games. We participate in community events, camps, clinics, team bonding activities and fundraisers. Each girl will be required to try-out for the sideline season. Selection of this is dependent on scores. Prior team placement is not taken into consideration. This season runs June thru October.

Note: Athletes that fail to maintain skills they were able to perform at tryouts or anytime throughout the season may be moved down to a lower level team or removed from participation in games/events. This could ultimately result in removal from the team.

**GAME DAY CONDUCT**

**School Apparel**: The coach will decide what the team will wear to school on game day. It is expected that athletes respect this, and wear what they are supposed to.

**Cheer Bag**: The following items MUST be packed in cheer bag for EVERY game regardless of weather. White ankle socks, shell and skirt, bodysuit & black briefs, cheer shoes, warm ups (pants & jacket), water, bug spray/sunscreen (optional and should be applied before the game starts), cheer fleece jacket, , black gloves, white head band. A trash bag is always helpful in case of rain.

**Uniform**: Athletes will wear full uniform if weather permitting. If the forecast calls for rain, or cold temperatures then warm ups will be worn. We must look like ONE team. If you bring the wrong pieces or forget something you will sit the game. So keep your bag packed with the items necessary.

**Arrival:** Arrive on time and meet with the team at the designated area. Athletes who arrive late to the game will sit the 1st quarter. Hair must be out of face and bow must be worn. Nails must be free of nail polish. Failure to have the correct apparel will result in the athlete sitting the game.

**Sitting:** If for some reason a team member is not able to cheer at a game due to absence or disciplinary action she is not allowed to dress as the team to school that day and must sit on the sideline with the coach. If the athlete is sitting, they must pay attention to the game and not abuse the situation. No walking around and sitting with friends.

**Attitude**: Have a professional attitude. No laughing, giggling or talking during the game. Socializing with teammates or people in the crowd is not acceptable during the game. Sportsmanship is necessary at all times. Cheerleaders are there to control the crowd by leading in a positive manner.

**Halftime**: This is the time for the girls to eat, enjoy the halftime show, and use the restroom. Halftime is the opportunity for friend/family to approach the fence and drop off additional waters, concession items, etc. The girls must return to the track with 2 minutes on the clock and be ready at the start of the second half. If athletes are late coming back, they will sit the third quarter.

**Set-Up & Clean Up**: There is plenty to be done before we leave the game by each and every one of you. This means you might have to stay a few minutes after each game, so let your rides know. Failure to participate and help will result in punishment after the game either individually or as a team depending on severity.

**PRACTICES**

**Schedule:** All practices scheduled by the coach are mandatory. This includes gymnastics, workouts, and strength training. You must participate in extra practices as deemed by the coach. You will receive ample time to adjust schedules. DO NOT make medical/dental/hair/nail appointments on scheduled practice/game days. They will not be excused and may result in consequences.

**Arrival:**  Cheerleaders need to arrive 15 minutes before practice start times to get mats out. Practice will need to start promptly at the designated time in order to get everything done.

**Conditioning:** suggested and is helpful-Summer UHS conditioning camp (see attached flyer) Conditioning is a large part of our sport, and a big part of every sport. We will be conditioning on a regular basis, and format the conditioning to build strength for tumbling, stunting, jumps, and motions, if you are not conditioned injuries can occur. Conditioning helps build endurance and stamina. Both are needed to cheer entire game.

Varsity: if you have room in your schedule to take Conditioning for Athletes it is a great way to get your PE credit and condition for cheer.

**Apparel:** It is expected that at every practice girls are to wear the following. Unless designated by the coach. This includes shoes!

* cheer shoes/socks
* hair pulled up off the shoulders
* shirt or tank top with sports bra underneath
* cheer shorts
* face and body free of metal jewelry
* Wrapping/Taping by athletic trainer is done BEFORE the start of practice

**Acrylic Nails:** No acrylic nails at any time whatsoever! They will not be allowed at practices or games. This is for safety reasons and if acrylics are put on for any reason girls will sit a game and sit at every practice until they are removed.

**Injuries:** All injuries must be immediately reported to the coach. Athletes that are injured during practice and must sit out will be required to provide a Doctor’s note or clearance from the Athletic Trainer before they will be allowed to continue practicing. Athletes will be required to seek treatment or any prescribed rehab from the athletic trainer for injuries. Seeking medical attention from a doctor will require a written release to return to practice. No athlete will be allowed to return to participate until the coach receives the okay from school trainer, or family doctor-note required.

**Emergency Plan:** There is a plan that will be implemented if an injury occurs. The team will be trained on how to execute to ensure that immediate medical attention is given to the athlete.

**PRACTICE AREA**

Our designated practice area is the old Aux gym. During the summer we may be outside on the track.

**MATS:** The athletes are required to set up and take down their practice mats on a daily basis. A mat-rotation schedule will be made and athletes are required to fulfill their responsibilities. If something happens and you can’t make it on time, you must find someone else to take your place, switching days is acceptable.

**Clean Up:** For every personal item, piece of equipment, or trash left behind at practice, game, or event results in 10 pushups per item for the TEAM. Pick up after yourselves. Your Coaches and teammates are not here to pick up after you. If a coach picks up personal belongings you will be required to stay after practice/games to clean up before you get your belongings back.

**ABSENCES/TARDY**

**Absence:** If an athlete misses practice, excused or unexcused, the Coach must be notified (ASAP) ***prior*** to the absence to make time for preparations. In the case of any absence or inability to participate, excused or unexcused, the cheerleaders spot could be replaced by a member of the team. It is coaches’ discretion. It is not acceptable to have a friend inform the coach of an absence or tardiness.

**Excused absences**: Excused absences consist of serious illness, school related business, tutoring, etc. Absences will only be excused with documentation from Doctor, school administrator, etc. Funerals and religious events need no documentation.

**Unexcused absence:** Vacations and appointments are NOT considered excused. Schedules are given in advance, therefore the cheerleader and parent is aware of the commitment and should plan accordingly.

|  |  |
| --- | --- |
|  | **Sideline Absence Policy**  3 Tardies (more than 20 minutes) = One Unexcused Absence  3 Excused Absences = One Unexcused Absence  2 Unexcused Absences = Parent Meeting  4 Unexcused Absences = Removal from team |

**Tardy:** A tardy is being late by 1-20 minutes.

**SICK DAYS/ILLNESS**

**Doctors Note:** If you are sick and must miss more than one practice or game, you will need to provide a doctor’s note to return.

**Sick Day Attendance:** Your attendance is expected at practice, unless you are physically unable to do so. If you miss a full day of school, you are not allowed to come to practice. A headache, cramps, or cold does not constitute as an excuse to miss practice. There is a difference between not feeling good and

being seriously ill.

**Important Medical Information:** Please communicate any mental, emotion, or physical conditions that your cheerleader has to their coaches as soon as possible. This will help a great deal with understanding and awareness

**SUMMER**

**Vacation Forms**: Summer vacation/absence forms are for summer ONLY and must be turned in to the coach by June 19th. The absence form is to record pre-scheduled events (Drivers Ed, Vacations, Appointments, etc.) that will result in an absence over the summer and CANNOT be rescheduled. Mandatory practices start August 11th and that is when the attendance policy will start.

**Camp(s):** Attendance at camp(s) is mandatory for junior varsity and varsity. Camp dates and locations will be determined by the coach.

**WEATHER/CANCELLATIONS**

**Procedure**: There are times of unpredictable weather. Coaches will use their best judgment to ensure the safety of the parents and athletes as these issues arise. Coaches may shorten practice or cancel practice, and may change or add a practice due to weather. If the school is closed we will not practice. Please know that as soon as we receive any information we are sure to send it along. We ask that you please wait for the coach to contact you rather than you contacting the coach. Many times weather cancellations will be out of our control. We have to follow the guidelines set by UHS (A text message for cancelations will be sent)

**CELL PHONES**

Once the athlete steps into practice, on the field, or any UHS cheer events; cell phones will NOT be allowed. The Coaching staff reserves the right to take away cell phones if this rule is not followed. There will be no warning for this. **Parents- Please DO NOT call your daughter during any of these times.** If there is an emergency please call the coach or the school. The Coaching Staff will always be available during these times.

**UNIFORMS**

**Damages:** CLEAN uniforms are required to cheer an event. Excellent care of uniforms is expected at all times. In the event a rental or club issued uniform is damaged (including but not limited to stains, torn, discoloration etc) it will be the responsibility of the athlete to pay for damages.

**Alterations:** If UHS issued uniform needs any alterations, it must be able to be reversed back to its original form by the collection of uniforms at the end of the season. This means no cutting or removing fabric. If uniform is not returned to original form this is considered “damaged” and you will be responsible to pay for.

**Returning Uniforms:** Uniforms are borrowed for the season, and are expected to be returned once the season is over. They are to be returned to the coach CLEAN. Failure to return uniform may result in a delayed future tryout, withholding report card, or posted to athletes account at the school and will affect graduation. A replacement fee of $250 will be charged if a uniform is not returned.

**Sharing of Clothing & Uniforms:** Any and all UHS Cheer clothing and uniform pieces are not to be worn by a NON Utica Cheer member. Uniforms and warm ups are not to be shared and are for cheerleaders and cheer events only, unless approved by a coach. Friends and family will have the opportunity to buy their own spirit wear in support of the cheer program.

**BEHAVIOR, RESPECT, CONDUCT, ETC.**

**Behavior:** Positive attitude, good sportsmanship, and being a team player are qualities expected of each team member. Any behavior that is a detrimental to the team aspect or an individual’s well-being, including pictures and social media, will not be tolerated. All team members must function as a team unit in order to succeed. Failure to exhibit any of these qualities will be subject to consequences. Insults, disrespectful behavior, or dishonesty towards a teammate or coach in any way will not be tolerated from any member of the program. We do not expect everyone to be best friends, but when we are together at practices and meets or other functions we will be a cohesive team and put outside factors aside and work together in a friendly manner. Consequences will be determined by the coaches.

**Swearing/Foul Language:** Swearing, cursing, and/or foul language of ANY kind will not be tolerated. This includes all members of the team and Seniors. Not only is it a huge penalty from the judges during competitive season it’s also totally inappropriate when you consider the wide age range on each team.

**Asked To Leave/Walking Out:** If you walk out of a practice, competition, game, or UHS Cheer event without being excused you are no longer a part of the team. If a coach dismisses you from practice, competition, game or event due to conduct or disciplinary actions, a meeting will be set up with parent before the athlete may be considered for return to the team.

**Respect:** All athletes in the program will show respect to all Coaches in the program, along with each other, parents, other teams, officials, and anyone else the athlete may come in contact with at ALL times. Coaches are to be addressed appropriately. (Ex: Coach Michelle, or Coach.) Swearing, rude or inappropriate behavior will in no way be tolerated.

**Conduct:** As a representative of Utica High School, all cheerleaders must conduct themselves in an appropriate manner in school, on the field, traveling to competitions, and out in the community.

**Attitude:** The attitude and conduct of the athletes at each practice, game and events will be monitored by a coach at all times. Coaches have the right to add or take away performance/competing time for any team members. This is based on performance and attitude at practices, games, school, and outside of school.

**PDA**: Any cheerleader displaying excessive public affection while in uniform, at an event, or while representing the Utica Cheer Program, may be subject to consequences.

**Sportsmanship:** All fans including parents, friends and fellow cheerleaders must be LOUD & PROUD and show spirit in the stands at all times and join in on crowd responses. They are expected to act with dignity and respect at all times. Inappropriate or mean spirited statements or actions from UHS cheer members and spectators regarding any other teams, team members, coaches, judges, officials and anyone else associated with the event, is not acceptable. Unsportsmanlike conduct can affect our scores and be banned from competitions, games and or events. Utica High School Cheer team members, family and spectators are expected to act with dignity and respect at all times. We work very hard to represent the program in a positive way and want to be good role models of sportsmanship.

**Drug/Alcohol Use:** Drug and Alcohol use is taken very seriously. As a cheerleader you are representing yourself, your team, your school, your community and your coach. Proper protocol will be followed as outlined in the UCS parent-athlete handbook and the Athletic Director will deal with any situation that arises.

**SOCIAL MEDIA**

**Social Networking:** As a member of UHS cheer the internet is just another place where you must act with dignity, class and respect for yourself, your team, your coaches, school and community. Facebook, Twitter, Instagram or any other social media site accounts should represent Utica Cheer and UHS in a positive manner. Foul Language, unkind remarks about teammates or coaching staff will not be tolerated. This includes pictures of yourself and teammates! Inappropriate pictures of any kind are terms for removal from team. Anyone in violation will be turned into the Athletic Director and School Administration.

**Bullying/Cyber Bullying:** (Per UCS Student Handbook) Bullying and or cyber bullying of any kind is prohibited. This includes but is not limited to written, verbal, or physical abuse that unreasonably interferes in another’s participation in or enjoyment of school or school sponsored activities. This includes but is not limited to texts, message boards, pictures/images, e-mail, and instant message.

**GRADES**

**Grades:** We encourage athletic success but most importantly academic success.

According to the athletic department standards for eligibility, athletes are required to maintain a GPA of at least a 2.0 each semester. If an athlete falls behind in a class then they will be put on probation until grades meet the requirements. Athletes will then need to provide a weekly progress report from all teachers.

**FUNDRAISERS/COMMUNITY EVENTS**

**Fundraisers:**

All fundraisers during sideline will benefit the sideline program. If we choose to do any fundraisers it will be for the benefit of the sideline cheerleaders. Looking for ideas and help in this area from parents.

**Community Events:** We believe that being a cheerleader is an honor that comes with great responsibility and power. Giving back and participating in community events promotes our program in a positive way. The events are ones that we were personally invited to attend and participate in. If there is an event that has a personal connection to any of the families that the cheerleaders can participate in, please let the coach know.

**COACH-PARENT COMMUNICATION**

**Playing time and formations:** The Coach will determine positions and formations on the team. If the athlete has a concern SHE may approach the Coach to discuss this. It is not appropriate for a parent to discuss position/formation with any Coach on staff until the student athlete has spoken to their coach first, per UHS Athletic Department.

**Concerns:** We encourage coach/parent/athlete communication and ask that any problems and or concerns regarding our team be directed to your daughters coach privately. This allows us the opportunity to discuss, understand and solve the problem. If the athlete has a problem, question, or concern they will discuss this with the coach FIRST. After doing so, then a parent may contact the coach regarding the issue in the event that your concern is not addressed or not resolved please take your concern to the Varsity Coach, as she is the head of the cheer program.

**“Chain-of-Command”**

1. Athlete-Coach
2. Parent-Coach
3. Parent-Program Director/Varsity Coach
4. Parent-Athletic Director

(In that order.)

**Phone Calls:** If a parent needs to contact the coaches for any reason they will do so via email. Coaches will have 24 hours to respond. Please DO NOT call coaches unless there is an emergency. Phone calls and text messages will NOT be accepted after 9pm. Returned calls will happen the next day. The UHS Athletic Department also requires a 24 Hour “cool down” period in the event of an argument or disagreement.

**E-Mails:** Emails to coaches should be matters of expectations of your daughter during practice, games, competitions, ways to help your child improve, concerns about your child and academic support. To limit emails please use the following format listed below.

**Steps for communicating general questions or information:**

Step 1: Please review your emails. This is the best source to review when seeking information.

Step 2: Please ask your daughter. As young adults in high school we trust in them, the responsibility to relay messages to you as their parent. We also repeat the information frequently during practice or before dismissing them from practice

Step 3: Please communicate with TEAM MOMS. We hope to have a designated parent volunteers for each team.

Once you’ve followed the steps listed above and if you have not received the information or answer to your question please contact your daughters coach by email. If it is a matter of emergency or you have not received a reply within 24 hours, please call your coach directly.

**Steps for communicating issues/problems/concerns:**

STEP 1: The athlete MUST communicate with the coach first and foremost. We are not teaching them anything if we solve all their problems for them. If your athlete leaves practice and expresses an issue, please encourage them to talk to their coach, before doing so as the parent.

STEP 2: Parents may contact your athlete’s team coach as soon as a question/conflict arises.

**INAPPROPRIATE TIMES TO APPROACH COACHES:**

Before, during or after games or competitions

Before or during practice

**APPROPRIATE TIMES TO CONTACT COACHES:**

At the end of practice

Email coach to discuss question/conflict

Set up an appointment if issue is more than a quick question

If you do not feel the question/conflict was handled correctly at that level, then it is appropriate to contact the head coach. If we are unable to come to a resolution at this point we will contact the athletic director.

PLEASE make sure you are making an effort to communicate with team coaches, and then head coaches, before contacting the AD. It is not fair for a coach to not be let known a problem or issue before the AD. Often times, the coach may be unaware that there was even an issue at practice.

**Parent volunteers:** Parent volunteers are appreciated! We wouldn’t be able to do this without you. Please make sure you communicate and get approval from the head coach for all ideas, input, information, etc. A big part of this season is showing our support to the players. We like to do things to encourage the players like….decorate the football players lockers and make treats and signs. This is an area we can use parent help.

**UHS CHEER ATHLETE EXPECTATIONS**

\*Respect and follow guidelines established in the parent/athlete handbook.

\*Respect and follow guidelines established for proper communication steps.

\*Understand that being part of the team is a privilege

\*Please realize that team placement is based on ability and team need, not on age.

\*Communication between the coach and athlete is important- please tell your coach any concerns you may have during the season.

\*Respect your coach! Listen and be attentive- help out at practice, be a leader!

\*Wear your UHS cheer gear with pride- represent this program in a positive manner.

\*Please support your teammates, encourage others to get new skills.

\*Celebrate team accomplishments. Applaud team mates on their accomplishments.

\*Take your sport serious! Show others what you are capable of, don’t waste time at practice!!!

**UHS CHEER PARENT EXPECTATIONS**

\*Respect and follow guidelines established in the parent/athlete handbook

\*Respect and follow guidelines established for proper communication steps

\*Understand that by volunteering you do not have any personal gain. It will not promote

An athlete’s standing in the program.

\*Please realize that team placement is based on ability and team need, not on age.

\*Communication between the coach and parent is just that- between coach and parent only.

\*Please support your athlete, the program and coaches in a positive manner.

\*Celebrate all your athletes’ accomplishments. Do not compare your athlete to others, as everyone is trained and capable of different skills at different levels. Applaud team mates on their accomplishments also.

PLEASE DO NOT USE CHEER AS A FORM OF PUNISHMENT. It does not affect only

your athlete, but the whole team and even a coaches plan for practice.

Thank you for supporting your cheerleader!

We are looking forward to a great fall sideline season

Michelle Franzen - Varsity Sideline Coach

**Brieanna Mershman -JV Sideline Coach**

**Utica Cheerleader Contact Information**

Athlete Full Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Nickname:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

2014/2015 Grade:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Birthdate:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Age:\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ City:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Zip:\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athlete Email:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Athlete Cell Phone#:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mothers Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fathers Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Mothers Cell :\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Fathers Cell \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email address(s) you want on file as a parent\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**UTICA Cheer Parent-Athlete Contract**  
I have read the above information  
**ATHLETE:** Your signature indicates that you have read the parent-athlete handbook and agree to follow all rules and guidelines set by Utica Cheer and UHS athletics. I understand the time commitment and dedication required to be a part of my team. I also understand that at any time I fail to follow rules and guidelines that I may be put on probation, or even removed from the team.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Athlete Signature Date  
  
**PARENT:** Your signature indicates that you have read the parent-athlete handbook and will fully cooperate with the obligations of the cheer team as explained in the handbook.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  
Parent/Guardian Signature Date

2014 Utica Cheerleading Summer Time Vacation Form

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Team: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Important Dates:**

**Check the calendar handed out for dates and practices**

**June 24-26th Camp at UHS**

**July 9th Gymnastics start**

**August 11th mandatory practices start**

**August 28th First Varsity Game!**

**\*\*\*Mandatory fall practices begin August 11th**

I wanted to let you know that will not be attending practice because I will be on Vacation:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I do understand that by signing this that I am expected to be at **all** practices with the exception of the dates I have listed above. Also, if I am absent on any dates other than the ones listed, it will be considered as an **unexcused absence** and will be subject to the attendance policy.

Cheerleader \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent/Guardian \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

***This form is to be returned no later than June 16th***

**PROJECTED EXPENSES- We will send an email notification if we are able to negotiate a lower cost.**

Camp/practice clothes and bows $80 due June 16th

Camp cost (3 day in house day camp) $200 due on June 19th

Summer Conditioning Camp $65-pay on-online or mail in to address on flyer

Gymnastics-Weekly on Wednesday’s July 9th-August 20th 3:30-4:30 cost is $60 for 7 sessions at Olympia – Pay Olympia on July 9th

Football jersey $25 Due August 12

Warm-up pant $25 due August 12

Headband $6 due August 12

Pom Poms-$20 due August 12

Warm-up jacket if you do not own $30 due August 12

Fleece jacket if do not currently own $35- due August 12th

Girls will need:

Purchase before camp: black spandex to go under soffee practice shorts

Purchase before first game: black bodysuit, black spankies, black knit gloves, white cheer shoes and white ankle socks

All checks are made payable to Utica Cheer and must be turned in on the date they are due. We work with the school office to make sure all deposits are made the day we take them from the girls. We cannot accept late checks.